

FALL
into



FITNESS FUN

with Fitness Dance
by Aerobics Plus*

**New 10 Week Session Starts
September 14th, 2009**

85 S. Piermont Ave., Nyack, NY
Monday, Tuesday and Thursday 5:30 - 6:30pm
Wednesday 5:15 to 6:15pm

It's the Plus that makes the difference

For Information call: (845) 356-5613
Holiday Schedules Observed